

ホクレン・ディスタンスチャレンジ2023 北見大会 タイムテーブル

| No. | 競技時間 | 種目 | WaveLight | | | 人数 |
|-----|-------|-------------------|-------------------|-------------------|-------------------|----|
| | | | Green Target | Red Target | White Target | |
| 1 | 15:00 | 女子3000mB | 9:25.0 (75.3) | 9:35.0 (76.7) | | 24 |
| 2 | 15:20 | 女子3000mA | 8:40.0 (69.3) | 9:10.0 (73.3) | 9:20.0 (74.7) | 22 |
| 3 | 15:35 | 女子1500m | 4:15.0 (68.0) | 4:20.0 (69.7) | 4:25.0 (70.7) | 16 |
| 4 | 15:45 | 男子1500m | 3:40.0 (58.7) | 3:44.0 (59.7) | 3:48.0 (60.8) | 13 |
| 5 | 16:00 | T11~13 男女5000m | 14:47.0 (71.0) | 15:30.0 (74.4) | 20:00.0 (96.0) | |
| 6 | 16:30 | 男子5000mD | 14:05.0 (67.6) | 14:15.0 (68.6) | | 31 |
| 7 | 16:50 | 女子5000mC | 16:15.0 (78.0) | 16:30.0 (79.2) | | 25 |
| 8 | 17:15 | 男子5000mC | 13:55.0 (66.8) | 14:05.0 (67.6) | | 31 |
| | 17:35 | 抽選会 | | | | |
| 9 | 17:50 | 女子5000mB | 16:00.0 (76.8) | 16:15.0 (78.0) | | 24 |
| 10 | 18:10 | 男子5000mB | 13:40.0 (65.6) | 13:50.0 (66.4) | | 31 |
| 11 | 18:30 | 女子5000mA | 14:50.0 (71.2) | 15:35.0 (74.8) | 15:50.0 (76.0) | 25 |
| 12 | 18:50 | 男子5000mA | 13:25.0 (64.4) | 13:35.0 (65.2) | 13:45.0 (66.0) | 32 |
| 13 | 19:10 | 男子10000m | 28:20.0 (68.0) | 28:40.0 (68.8) | 29:00.0 (69.6) | 32 |

306